

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

I am writing to provide you with the results of your recent Bone Density Scan (DEXA scan) performed on [Date of Test].

I am pleased to inform you that your results are **normal**. Your bone density was compared to that of a healthy young adult, and your scores indicate that your bone mass is within the expected range. There are no signs of osteoporosis or osteopenia at this time.

To maintain your bone health, we recommend that you continue to:

- Consume adequate amounts of Calcium and Vitamin D.
- Engage in regular weight-bearing exercises (such as walking).
- Avoid smoking and limit alcohol consumption.

Unless you develop new risk factors, a follow-up scan is typically recommended in [Number] years. We will continue to monitor your health during your regular physical exams.

A full copy of your report has been placed in your medical record. If you have any questions regarding these results, please contact our office at [Phone Number].

Sincerely,

[Provider Name]

[Practice Name]