

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Subject: Important Follow-Up: Bone Density Scan Results and Treatment Plan

Dear [Patient Name],

We are writing to discuss the results of your recent Dual-Energy X-ray Absorptiometry (DEXA) scan performed on [Date].

The scan results indicate a T-score of [Insert Score], which confirms a diagnosis of severe osteoporosis. This condition means your bone density is significantly lower than normal, which puts you at a high risk for fractures, particularly in the hip, spine, and wrist.

Due to the severity of these results, immediate medical intervention is necessary to strengthen your bones and prevent future injuries. Your recommended intervention plan includes:

- **Medication:** [Insert Medication Name] to be taken [Insert Dosage/Frequency].
- **Supplements:** Daily intake of [Insert Amount] mg of Calcium and [Insert Amount] IU of Vitamin D.
- **Lifestyle Adjustments:** Implementation of weight-bearing exercises and a fall-prevention assessment at home.

We have scheduled a follow-up appointment for you on [Date] at [Time] to monitor your progress and discuss any side effects from the medication. It is vital that you attend this appointment and adhere to the prescribed treatment plan.

If you have any questions or experience any sudden bone pain before your appointment, please contact our office at [Phone Number].

Sincerely,

[Doctor's Name]

[Clinic/Hospital Name]