

[Date]

[Patient Name]

[Patient Address]

[City, State, Zip Code]

Dear [Patient Name],

We are writing to follow up on your recent bone density (DEXA) scan and osteoporosis fracture risk assessment conducted on [Date].

Your results indicate the following:

- **T-Score:** [Insert Score]
- **FRAX Score (10-year risk):** [Insert Percentage]%
- **Diagnosis:** [Normal / Osteopenia / Osteoporosis]

Based on these findings, your risk of experiencing a bone fracture in the next ten years is considered [Low / Moderate / High].

To manage your bone health, we recommend the following next steps:

- [Recommendation 1: e.g., Increase Calcium and Vitamin D intake]
- [Recommendation 2: e.g., Begin weight-bearing exercise routine]
- [Recommendation 3: e.g., Prescription medication discussion]

Please schedule a follow-up appointment with our office by calling [Phone Number] to discuss a personalized treatment plan in detail.

Sincerely,

[Provider Name]

[Clinic Name]