

**Date:** [Date]

**To:** [Insurance Company Name]

**Attention:** [Appeals/Prior Authorization Department]

**Fax/Address:** [Fax Number or Address]

**RE: Exception Request for Step Therapy Protocols**

**Patient Name:** [Patient Full Name]

**Date of Birth:** [Patient DOB]

**Policy ID Number:** [Member ID]

**Group Number:** [Group Number]

**Requested Medication:** [Drug Name and Dosage]

To Whom It May Concern,

I am writing to request a step therapy exception for my patient, [Patient Name], who is currently under my care for [Diagnosis/Condition]. I am requesting coverage for [Requested Medication] because the formulary-preferred medication(s) required by the step therapy protocol have caused a documented adverse reaction.

**Required Medication(s) Attempted:** [Name of Preferred Drug(s)]

**Dates of Trial:** [Start Date] to [End Date]

**Clinical Justification:**

During the trial of the preferred medication, the patient experienced the following adverse reaction(s): [Detail specific side effects, allergic reactions, or physiological complications].

Due to this adverse reaction, continuing or restarting the preferred medication is medically contraindicated and poses a significant risk to the patient's health. [Requested Medication] is medically necessary for this patient as it is expected to be effective without the same risk of adverse reactions.

I have attached supporting clinical documentation, including [mention office notes, lab results, or allergy reports], detailing the patient's reaction.

Please expedite this request to ensure the patient receives appropriate treatment without further delay. If you have questions, please contact my office at [Phone Number].

Sincerely,

[Physician Signature]

[Physician Name, MD/DO]

[NPI Number]

[Practice Name]

[Phone/Fax Number]