

Date: [Insert Date]

To: [Name of Receiving Therapist/Provider]

Address: [Provider Address]

Phone: [Provider Phone Number]

RE: Referral for Marital Communication Skills Therapy

Clients:

[Partner Name 1], Date of Birth: [DOB 1]

[Partner Name 2], Date of Birth: [DOB 2]

Dear [Provider Name],

I am writing to formally refer [Partner Name 1] and [Partner Name 2] to your practice for specialized therapy focusing on marital communication skills.

The couple has expressed a desire to improve their interpersonal dynamics, specifically regarding conflict resolution, active listening, and emotional expression. Current presentation suggests that while both parties are committed to the relationship, they experience frequent misunderstandings and breakdown in communication that impact their overall relationship satisfaction.

The primary goals for this referral include:

- Development of healthy communication strategies.
- Improving de-escalation techniques during arguments.
- Enhancing emotional intimacy and mutual understanding.

Please find the enclosed relevant clinical notes and intake assessments for your review. If you require further information or wish to coordinate care, please do not hesitate to contact me at [Your Phone Number] or [Your Email].

Thank you for your professional assistance in supporting this couple's growth.

Sincerely,

[Your Signature]

[Your Printed Name]

[Your Title/Credentials]

[Your Organization]