

Current Date: [Insert Date]

To: [Counselor's Name]
[Counseling Practice Name]
[Address]
[City, State, Zip Code]

Re: Referral for Divorce Transition Support

Dear [Counselor's Name],

I am writing to formally refer [Client Name] for counseling services. [Client Name] is currently navigating a divorce and is seeking professional support to manage the emotional and practical transitions associated with this life change.

The primary goals for this referral include:

- Providing emotional support and coping strategies during the legal process.
- Assisting with the transition to a single-parent or co-parenting dynamic.
- Addressing grief, anxiety, or stress related to the dissolution of the marriage.
- Developing a plan for long-term emotional stability and personal growth.

I believe your expertise in [mention specific area, e.g., family systems or transition therapy] would be highly beneficial for [Client Name] at this time. [Client Name] has been informed of this referral and is expecting to hear from your office to schedule an initial consultation.

Please find the client's contact information below:

Name: [Client Name]
Phone: [Client Phone Number]
Email: [Client Email Address]

Thank you for your assistance in supporting [Client Name] through this transition. Please contact me if you require any further information.

Sincerely,

[Your Name]
[Your Title/Organization]
[Your Phone Number]