

[Date]

[Defense Counsel Name]

[Law Firm Name]

[Address]

[City, State, Zip]

RE: [Plaintiff Name] v. [Defendant Name]

Case No.: [Court Case Number]

Dear [Counsel Name],

This letter serves as a formal outline of the proactive steps my client, [Plaintiff Name], has taken to mitigate damages through consistent medical treatment following the incident on [Date of Incident].

In accordance with the duty to mitigate, the Plaintiff has adhered to the following medical protocols:

- **Compliance with Physician Recommendations:** Plaintiff has attended [Number] appointments with [Primary Care Physician/Specialist Name] and followed all prescribed treatment plans.
- **Physical Therapy and Rehabilitation:** Plaintiff has completed [Number] sessions of physical therapy at [Facility Name] to restore mobility and reduce long-term disability.
- **Specialist Consultations:** Plaintiff has sought expert evaluations from [List Specialties, e.g., Orthopedics, Neurology] to address specific injuries and prevent further complications.
- **Diagnostic Imaging:** Plaintiff has undergone necessary imaging, including [MRI/CT Scan/X-Rays], to ensure accurate diagnosis and targeted treatment.
- **Medication Management:** Plaintiff is strictly following the pharmacological regimen prescribed to manage pain and inflammation.

The Plaintiff remains committed to all future medical interventions deemed necessary by their healthcare providers. Attached, please find updated medical records and billing statements reflecting these mitigation efforts.

We trust this information clarifies the Plaintiff's good faith commitment to recovery. We look forward to discussing a fair resolution of this matter.

Sincerely,

[Your Name]

[Your Law Firm]

[Your Phone Number]

[Your Email Address]