

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Your Phone Number]  
[Date]

[Name of Bank or Financial Institution]  
[Address]  
[City, State, Zip Code]

**RE: Notice of Garnishment Exemption Claim**

**Account Number:** [Your Account Number]

**Case Number:** [Court Case Number, if applicable]

To Whom It May Concern,

I am writing to formally notify you that the funds currently held in the above-referenced account are exempt from garnishment under federal and/or state law.

The funds in this account consist of the following exempt sources:

- [Example: Social Security Benefits]
- [Example: Supplemental Security Income (SSI)]
- [Example: Veterans Administration Benefits]
- [Example: Civil Service Retirement Benefits]
- [Example: Disability or Unemployment Benefits]
- [Example: Child Support or Alimony]

Because these funds are exempt, I request that you immediately release the freeze on my account and return any funds that have been withheld. I have attached documentation (e.g., direct deposit statements or benefit award letters) as proof of the source of these funds.

Please provide written confirmation once the hold has been removed. If you have already transferred these funds to a third party or the court, please provide the name and contact information of the recipient immediately.

Thank you for your prompt attention to this matter.

Sincerely,

[Your Signature]

[Your Printed Name]